Sermon Notes

The Garden of Gethsemane To Stay Spiritually Alert, Pray

Matthew 26:36-46 Christian Sanich, 8/2/2015

Text sermon questions, during the sermon, to (602) 824-8030

Jesus, in severe emotional distress, prays (vv. 36-39)

The Son of God became a real human in Jesus.

Jesus can sympathize with your struggles; talk to Him.

Prayer is the way we remain spiritually alert.

Jesus asked if the cup (of suffering) could pass, but more than that wanted God's will done.

It is okay to ask God for what we want.

Ultimately, we should want God's will done.

Jesus challenges His disciples to stay alert and pray (vv. 40-41)

Life is spiritual. Prayer keeps us spiritually attentive.

Prayer helps overcome our flesh and get spiritual strength.

Jesus commits Himself to God's will being done (v. 42)

Jesus finds His disciples sleeping again (v. 43)

We need to go to God with our struggles and needs.

Jesus prayed the same thing again (v 44)

We can keep taking the same issue to God.

It's time for Jesus to be handed over, and He's ready (vv. 45-46)

What is your response to this? Discuss it with someone today.

Related reading: Jesus can sympathize, Hebrews 4:15-16; the spiritual battle of life, and prayer, 1 Peter 5:8, Ephesians 6:12, 18

If you would like to receive weekly sermon application questions, e-mail Christian@StoneCreekBibleChurch.org

Application questions for 8/2/2015 sermon Matthew 26:36-46

Have you thought of prayer as the way that you stay spiritually attentive?

Do you recognize that in lacking spiritual alertness, largely through lacking prayer, that you are weak and vulnerable?

Did this sermon change your thinking about this in any way?

When you are going through difficult things, is God the primary one you lean on, through prayer?

Do you ever feel like God can't understand what you are going through? If you've thought that before, did this sermon change that thinking?

If you feel like you experience understanding, get helped, get peace from God when you pray, would you try to convey that experience to others in the group?

Be honest. When you pray, do you expect God to do what you want Him to do, or do you want His will done, or some mix of that? Explain.

Did this sermon change anything in your thinking about wanting God's will done?

Have you had an experience where God showed you His will through prayer, or through a season of prayer brought you around to wanting His will done?

(Make sure to get to this question. Have everyone answer.)

What do you need to work on with regard to prayer at this juncture of your life? (The list given in the sermon is on the following page, if you want to read them)

Bonus: Was there anything new or interesting you learned in this sermon?

Do you need to establish a daily quiet time and place, probably by cutting something else out of your life, like maybe some entertainment?

Do you need to work on praying more throughout the day?

Does God need to become the main person you go to when you are struggling?

Do you need to be more persistent in praying about the same issue, until it's resolved, until you know God's will, and/or want God's will?

Do you need to give yourself to praying more for God's will, instead of just expecting God to do what you want?