

# Sermon Notes

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## Quiet Time

Mark 1:32-39

Christian Sanich, 3/11/2018

**Text sermon questions, during the sermon, to (602) 824-8030**

**If you want to maintain a healthy, growing relationship with anyone, you have to continue to spend time together and talk.**

**This is true for your relationship with God.**

**We are busy.**

**Jesus was very busy.** (vs. 32-34, 36-39)

**But Jesus made time for quiet time.** (vs. 35)

Very early

Focused time

It was the pattern of Jesus. (Luke 5:15-16)

We need it.

It's good for us.

A focused time to pray, when it's the only thing we concentrate on

We need to make time for it, like Jesus did.

**Decide on a time that is going to work for you.**

Jesus did it early in the morning, or sometimes in the evening.  
(Matthew 14:23)

**Decide on a place for focus.**

Before others are awake or away from others

No distractions

**Start immediately, or get back to it immediately.**

Bible reading challenge: Proverbs

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**What is your response to this? Discuss it with someone today.**

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